



**OUR BODIES  
OURSELVES**  
AT SUFFOLK UNIVERSITY

# Press & Media Kit

 [ourbodiesourselves.org](http://ourbodiesourselves.org)

***Your accurate and inclusive guide to health,  
sexuality, and reproductive justice***

Public media and the press play a vital role in spreading awareness about reproductive health, sexual education, and gender in society.

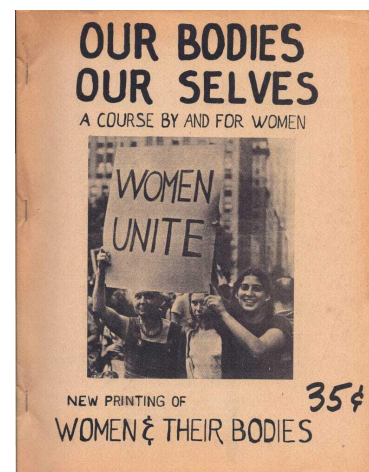
Our Bodies Ourelves welcomes invitations for interviews, expert commentary, speaking engagements, background information, and other inquiries.

To reach us, please email [contact@ourbodiesourselves.org](mailto:contact@ourbodiesourselves.org).

**Our Bodies Ourelves features accurate information, compelling personal stories, and incisive feminist analysis of the health and sexuality of women and gender-expansive people.**

## **Our Story: History and Legacy**

- Our Bodies Ourelves has shaped and inspired the women's health movement since 1970.
- The print edition of "Our Bodies, Ourelves" – first published in 1970 – was revised or updated nine times over forty years, with editions in 34 languages. It has sold over 4 million copies to date. The most recent English edition was published in 2011.



- Often named one of the most influential books of the twentieth century, the revolutionary feminist text, “Our Bodies Ourselves,” changed the way women think about their bodies, sexuality, and health – as well as the way that medicine, the pharmaceutical industry, and healthcare workers treat us.

## **Our Bodies Ourselves at Suffolk University**



- In 2018, Our Bodies Ourselves began a partnership with Suffolk University’s Center for Women’s Health & Human Rights to develop a new online platform that features updated, curated, and inclusive information about the health and sexuality of women and gender-expansive people. Launched in 2022, the website features the best of the “old” Our Bodies Ourselves as well as extensive new health content.
- The Our Bodies Ourselves digital platform provides evidence-based information, compelling first-person narratives, and intersectional feminist analysis. Together, these three sources of knowledge help women and gender-expansive people to better understand their bodies, health, and sexuality.
- Almost two million new users from over 200 countries and territories have already visited the website since its creation.

## **We Need Our Bodies Ourselves!**

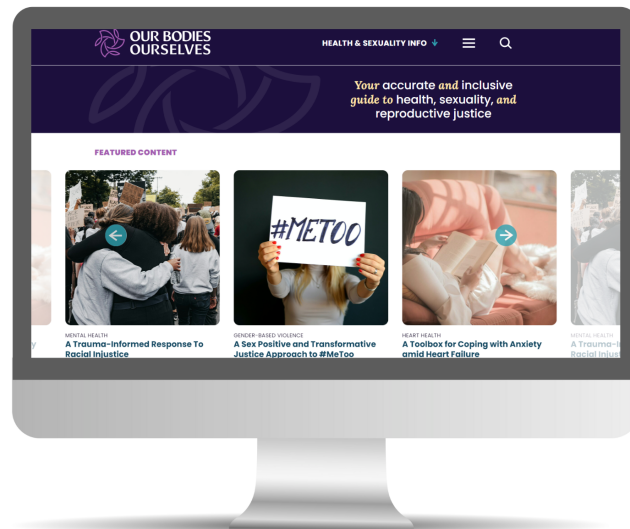
- The need for reliable, feminist knowledge about our bodies and sexualities remains as vital as ever.



- We’re facing attacks on reproductive freedom, a flood of anti-feminist and anti-LGBTQ legislation and rulings, and “abstinence only” masquerading as sex education, all in the context of a broken, for-profit healthcare system.
- Women and gender-expansive people are struggling to maintain their health and autonomy amidst ever-growing misinformation and disinformation.

Into this moment steps Our Bodies Ourselves,  
a digital platform providing accurate, trustworthy, life-changing  
(and potentially life-saving) information and resources.

Read more about [Why You Can Trust Us](#) and [Where We Stand](#).



## **Our World Class Online Platform**

- View our Website Informational Video
- We have designed and produced an extraordinary website, which has become a critical source of information across the U.S. and internationally.
  - 11 subject areas with more to come
  - Over 200 health and sexuality topics
  - 180+ stories and conversations
  - 80+ subject matter experts from fields such as medicine, public health, law, public policy, academia, communications, as well as activism and advocacy.
    - *Our Bodies Ourselves content experts are diverse across race, age, sexuality, disability, gender identity, and culture, ensuring that the resources we provide are relevant to ALL of us.*

Read more about [our impact](#)

## **Our Bodies Ourselves Team**

- Our work is powered by over a hundred volunteers, staff, and consultants, working together to bring you trustworthy, timely, feminist information and resources on health & sexuality.



## **Directors & Staff**

## **Leadership Council**

## **Content Experts**

## **Our Bodies Ourselves Founders**

## **Contact Us**

- [Sign up for our newsletter](#)
- [contact@ourbodiesourselves.org](mailto:contact@ourbodiesourselves.org)
- Follow us on social media
  - @obostoday on Instagram (1,500 followers)
  - @Our Bodies Ourselves on Facebook (13,985 followers)
  - @Our Bodies Ourselves Today on LinkedIn (994 followers)

## **Resources**

### **Quotes from our content experts**

- **Pamela Merritt:** “I support Our Bodies Ourselves because everyone seeking health information deserves trusted and vetted resources. Our Bodies Ourselves was, is, and will continue to be a revolutionary asset for reproductive justice.”
- **Erin Matson:** “Access to accurate information about abortion and contraception is critical to the exercise of human rights. Our Bodies Ourselves is the quality, fact-based resource this moment so desperately needs.”
- **Dr. Lexx Brown-James:** “I work with Our Bodies Ourselves because of the importance of having access to safe, medically accurate shame-free sex ed. The world is full of gatekeeping and misinformation, Our Bodies Ourselves, with its thoughtful planning teams, helps reduce the spread of misinformation and harm.”
- **Cindy Lee Alves Watley:** “How we understand our bodies, sexuality, and our capacity for pleasure is intrinsic to our overall wellness. Advocating for sexual rights is advocating for the human rights of all, with an emphasis on those who have been historically oppressed and exploited. This includes the right to be informed. Our Bodies Ourselves is working on ensuring sexuality information is available without stigma, vetted by experts for accuracy and inclusion. “
- **Anne Dufault:** “I see Our Bodies Ourselves as playing a key role in fighting misinformation about women and gender expansive people's health and sexuality needs, especially around issues of gender-based violence.”
- **Dara Lee Lewis:** “In my teens and twenties I relied on OBOS for vital information (reading a well-worn copy handed down from mom and two older sisters). I am thrilled to be able to contribute to this newer endeavor, which is an invaluable resource for future generations.”
- **Wilda L. White:** “I work with OBOS because as a teenager Our Bodies, Ourselves helped me understand the power of womanhood and gave me purpose. In the realm of mental health, I aspire for OBOS to help young people understand the ideology of mental illness and how to thrive in a world that is not always kind and gentle to those who struggle with mental health.”